



FUSN News

First Unitarian Society in Newton

Unitarian Universalist

June 29 - August 18, 2013

SUMMER SERVICES 9:30 a.m. in Parish Hall

June 30 - "Unitarian Yoga" - Experienced Yoga guide, Helaine Golann, will share some of both the philosophy and the experience of yoga. Often misunderstood as only about body poses and movements, yoga is equally, or more about opening the mind, heart, and spirit. In other words, yoga is very Unitarian!

July 7 - No Service

July 14 - "Poems (and Songs) That Saved Our Lives" - Come and hear six people read, sing, and talk about poems that mean the world to them. Presenters include, Bob MacWilliams, David Morocco, Naomi Olson, Rachel Viscomi, Chris Welles, Alice Wood. Barbara Deck and Cathy Morocco will co-host.

July 21 - "Granny Wears Combat Boots" - Geryllyn Horton - How ought we to live? If sermons are the Lectures, Theatre is a sort of Lab. "Granny Wears Combat Boots" looks at a group of Senior Citizen activists. Through songs and skits they celebrate the communal and the amateur, and a vision that widens as time grows short.

July 28 - "The Way We Were: FUSN in the 70's"- Observations about FUSN and life from our longest-time members

Aug. 4 - "The Ecology of Food" - Eric Olson will lead a biological reflection on what we grow, what we eat, and how we decide, with bread and summer salad served after the service.

SUMMER SERVICES (continued)

Aug. 11 - "Environmental Justice" - Ann Woodbury and friends

Aug. 18 - "Finding Blessings in Everyday Life: The Care and Feeding of Joy" Lois Shapiro - How much of the time we dwell in what we assume is "reality"---stuck thoughts that keep replaying the past--and miss what the present moment holds! Everyday, we are given countless opportunities to revel in our lives, or, in the words of Emily Dickinson, to spread "wide (our) narrow Hands, to gather Paradise". Through experiential reflection, music serving as a metaphor for the idea of the past not necessarily predicting or defining the future, and poetry, we will celebrate our freedom in the moment to create who we are – whom we want to be.

Aug. 25 - "Brain Science and Human Nature" - John Lisman, a Brandeis professor will speak on the field of neuroscience and his work in it. Curt Lamb will reflect on the values questions such work raises.

CARE CREW

Would You Like to Be Called on to Help? If you would like to be one of those who make up our Care Crew—the cadre of people the lay ministers call on to help FUSN people who need meals if they are ill, or who need rides to the doctor, or other help in a crisis—small or large—just e-mail Greg Sullivan at gregs@sulliwood.org for more information or to sign up to be in the Care Crew database.

Staff: Erin Splaine, *Minister*, Cheryl Rubin Lloyd, *Community Minister*, Fran Clancy, *Administrator*, Perry Montrose, *Director of Lifespan Religious Education*, Beth Walton, *Assistant Director of Religious Education*, Rebecca Hinds, *Youth Programs Coordinator*, Anne Watson Born, *Director of Music*, Carson Cooman, *Organist*, Roberta Humez, *Minister of Music Emerita*, Maura Hess Mahan, *Beadle*.
Board of Trustees: Cathy Morocco, Jonathan Reuman, Bobbie Sproat, *Vice Chair*, Strom Thacker, Charlie Watts, *Chair*, Ann Woodbury, Michael Costello and Maura Hess-Mahan, *Youth Reps*.
Operations Council: Susan Bartlett, Jeannie Chaisson, Alan Cody, Laurel Farnsworth, Anne Hess-Mahan, Andrea Kelley

First Unitarian Society in Newton • 1326 Washington Street • West Newton, MA 02465 • <http://www.fusn.org>
office tel: 617-527-3203 • fax:617-964-5409 • Religious Education: 617-332-3438 • e-mail address: office@fusn.org

BOARD OF TRUSTEES

Rest is not idleness, and to lie sometimes on the grass on a summer day listening to the murmur of water, or watching the clouds float across the sky, is hardly a waste of time.
~John Lubbock

Super Moon nights. Warm, sunny days. The pace of life at FUSN slows as we catch our breath. Another busy year full of friendships made, relationships solidified, losses mourned, work accomplished, songs sung, worship shared, plans made.

Some of you will travel far to see new sights or visit old friends. Others will vacation in familiar places, extending years-long traditions. Some will simply stay put, enjoying quiet, unrushed evenings at home.

I'm looking forward to recharging this summer, following my "retirement" from the Board, then exploring new ways to contribute to and enjoy our FUSN community in the new year. Have a great summer.
-Gordon Moriarty

CONNECTIONS

The FUSN community extends their sympathy to Fiora Houghteling on the death of her son Peter.

UPCOMING EVENTS

Come hear some beautiful chamber music and support the Pan Mass Challenge, the annual bike a thon to benefit the Dana Farber Cancer Institute. The concert is organized by oboist and Pan Mass Challenge rider Joel Bard and his wife, pianist Sayuri Miyamoto. They will be joined by 16 wonderful musicians including Richard Ranti, associate principal bassoon of the Boston Symphony Orchestra and principal bassoon of the Boston Pops; Jun Ching Lin, assistant concertmaster of the Atlanta Symphony Orchestra; Joshua Gordon, cellist of the Lydian String Quartet in residence at Brandeis University. They will perform chamber works by Dvorak and Britten, songs by Debussy and Faure, and Mozart's glorious Serenade for 13 winds which features prominently in the popular movie and play Amadeus. The performance will take place on Saturday, June 29, at 8:00 p.m. at the FUSN. Suggested donation is \$25 per person, \$10 for students. Details can be found at <https://sites.google.com/site/pmconcert2013>.

MUSINGS

I have just returned from General Assembly, which was an interesting and enjoyable experience. The musicians who coordinate and provide much of the music for the worship services at GA are all members of the UU Musicians Network, as am I, and they did a wonderful job. There was a wide variety of music, including much hymn singing. We sang the beautiful traditional tunes from the gray hymnbook (Singing the Living Tradition) and newer songs from the teal book (Singing the Journey). Musical artists included Dan Schatz, Reggie Harris, Traveler's Dream, the amazing GA Band and The New Dimensions Chorale from the Tulsa congregation. We heard Kentucky bluegrass, jazz-influenced folk, classical music and gospel music. I sang in three services and coordinated the music for the Church of the Larger Fellowship service, during which Carolyn Mapes rocked the house on a Mavis Staples tune. Thanks to Jacki and Pat Rohan, Tom Bean and Rebecca Hinds for being in the choir – great job!

One thing GA made me realize was how much I enjoy singing in community, so I am planning on incorporating some ingathering music into our worship schedule in the fall. Once or twice a month we'll sing some hymns and hear some tunes before our service begins. Stay tuned for details!

And just so you can plan ahead: the annual Music Retreat will be on Saturday Sept. 7, 10:00 a.m. -2:00 p.m., in the Parish Hall. Jeannie Gagné will lead us in a workshop on:

- Deep and healthy breathing.
- Techniques for optimum vocal sound and tone; vocal health, including techniques to avoid vocal strain, whether singing or speaking
- Rhythm, especially as it is "embodied" in American contemporary music

Let me know if you're interested in attending (music@fusn.org)
-Anne Watson Born

PERRY'S PONDERINGS

On Sunday, June 2 children in Pre-K through 7th grade processed down the aisle carrying banners representing their experience in Religious Education this year, as the Intergenerational Orchestra played "When the Saints Go Marching In." The children sat in the choir seats and listened to the RE Council recite the children's responses to questions about RE. Here are a few of them:

What did you learn about this year?

Love, stars, UU super heroes, right and wrong and big questions, the story of Job and that there are mysteries about the world you can't answer, but you can believe the answers that you want to.

What is your favorite part of RE?

Going to service, the bell tower, sitting next to Mom during story time, lighting the chalice, art projects, inventing stuff, joys and sorrows.

What was your favorite project or class day in RE?

Making stone soup, the science project with milk, decorating Easter eggs, learning about oxygen, the trip to the Zen Buddhist Center, when we wrote a song with Catie.

What was your favorite story this year?

The bad nightmare book, Brave Irene, Harriet Tubman, Frog and Toad, the one with the bubbles about the guy who invented soda, the eraser, and discovered oxygen.

What was your favorite event at the church?

Christmas Pageant, story from Perry, Holiday Fair - I like to buy new toys, Ferry Beach, Creation Dancers, Community Breakfast, Sandy Island

When I come to RE at FUSN I feel thankful for...

Talking to people and singing, getting love, learning and choosing religion, that church is such a welcoming and caring community to everyone.

These amazing experiences happened because of all the wonderful volunteers who gave their care and guidance throughout the year. They enabled each child to have a safe, fun, experience of wonder and connection. The relationships that developed are the heart of RE, surrounding all of what we do together. Thank you all for your presence.

Religious Education Volunteers 2012-

Teachers

Wendy Atamian
 Jeffrey Baker
 Shannon Belanger
 Deborah Bennett
 Lynda Bolduc-Hicks
 Rich Bryden
 Brian Burba
 Lisa Carbone
 Jeannie Chaisson
 Josh Cohen
 Midge Connolly
 Catie Curtis
 Greg Diabaso
 Sarah Doebler
 Deborah Donovan
 Colette Doyle
 Anne Ellsworth
 Jamie Freed
 Chris Gaebler
 Brian Gill
 Lorenz Glaser
 Dana Hanson
 Kathy Hearn
 Anne Hess-Mahan
 Marc Kaufman
 Shawn Konary
 Barbara Krause
 Treff LaFleche
 Christine Lookner
 Liz Marshall
 Pamela McA'Nulty
 Megan McA'Nulty
 Valerie Miller
 Rekha Nigram
 Greg O'Brien
 Naomi Olson
 Eric Olson
 Carol Reichert
 Paul Rosenberg
 Jennifer Van Campen

Teacher Aides

Katie Asch
 Michael Costello
 Ellie Goldsmith
 Thomas Gresser
 Tobi Henzer
 Matt Davis Morin
 Alex O'Connor
 Sophie Scharlin-Petee
 Jay Sullivan

Special Lessons

Enid Basch
 Barbara Bates
 Tom Bean
 Laurel Farnsworth
 Jim Frances
 Lynne Kraye-Luke
 Bob MacWilliams
 Cindy Mapes
 Dan Mausner
 Kevin Osborn
 Deb Reckert
 Mindy Scharlin
 Harriet Severino
 Gayle Smalley
 Rozita Tabatabaei
 Tom Yee
 Andrea Zatarain

Coming of Age Mentors

Vanessa Allen
 Adrian Bishop
 Randy Block
 Stu Gladstone
 Lynn Holbein
 David Hollander
 Tony James
 Patrice Joyce
 Neil MacGaffey
 Wanda McClain
 Bonnie McDonald
 Maura Morse
 Chris O'Donnell
 Bob Persons
 Katya Salkever
 Jerry Shereda
 Demie Stathopolis
 Thom Theara
 Charlie Watts
 Andrea Zatarain

R.E. Council Members

Vanessa Allen
 Susan Bartlett
 Hiram Brownell
 Josh Cohen
 Dana Hanson
 Jacqui James
 Kim Shanks, *chair*
 Becka Smillie

COMMUNITY BREAKFAST

Join us on Sept. for our first FUSN Community Breakfast at 9:00 a.m., in the Parish Hall. Toddlers welcome, we have high chairs available for them. The menu (eggs, eggbeater omelets, fried potatoes, pancakes, biscuits, bacon, sausage, juice and coffee) is great and the price (\$4) is unbeatable. Clean-up help appreciated. Upcoming Community Breakfast dates: Oct. 6, Nov. 3, Dec. 15, Jan. 12, Feb. 9, March 23, April 13, and May 18.

SUMMER CHIME CONCERTS....

a FUSN tradition. Mark your calendar for 2013:

Thursday, July 25
Tuesday, August 20

Old fashioned summer concerts suitable for all ages. All are invited to bring lawn chairs and blankets for a relaxing summer evening. Indoor seating will be provided in case of rain. Concerts begin at 7:30 p.m. Free.

Newsletter schedule - Our next newsletter deadline will be August 20 at 9:00 a.m. We return to our regular two week schedule in September. Deadline for the first newsletter is Sept. 8

YOUR FAITH IN ACTION

Why did you become a Unitarian Universalist? Many people who become UU say they want to express their values in the world. And make a difference.

At FUSN we call this Social Action. Nearly everyone in the congregation does some form of social action in their own lives, but many find it nourishing to do it within our church community with like-minded people.

Did you know that there are currently 27 social action projects going on at FUSN? They are under five broad categories – called Task Forces: Hunger & Homelessness, International Partnerships, Economic & Racial Justice, Criminal Justice, and Advocacy.

For instance, want to build a house with Habitat for Humanity? That's one of seven projects in the Hunger & Homelessness Task Force. Want to visit people in prison working toward a college degree? That's one of six projects under Criminal Justice. Want to visit the State House to let your legislator know what you think? Check out our Advocacy Task Force. Want to help kids in Africa get education, in a community ravaged by AIDS? That's Project Zambia in the International Task Force. And want to volunteer with kids in Roxbury or at a school in Dorchester? That's Economic & Racial Justice.

Your life is busy and you only have two or three hours a month? No problem. Go to www.fusn.org -- click on Ministries – then Social Action – and choose a Task Force. You'll see a short description of the projects and contact people for more information. Thanks for putting your faith into action, to make a difference in our world!

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ADDRESS SERVICE REQUESTED

First Unitarian Society in Newton
1326 Washington Street
Newton, MA 02465

